

BIG ISSUES IN OUR LIVES

What Needs to Change

*What **Social Protection** Looks Like for People with Intellectual Disabilities*

Our Experience with Social Protection

Social protection is about making sure that people live good lives.

This is important for people with intellectual disabilities because it helps us to live independently, but it can be difficult to get the support that we need.

In some countries, the system is hard to understand and the services aren't right for us.

In other countries there aren't many services and we need to rely on our family and community to help us.

"The pension is not enough; I have to work at the same time as being a single mother. I live alone, the government does not help with rent payments."

SELF-ADVOCATE, MAURITIUS



Article 28 of the CRPD protects our right to social protection.

Our Rights

- It says that governments should make sure that we have the things we need, like food, clothes and a safe place to live.
- It can be expensive to get support related to our disabilities. Article 28 says that governments need to make sure that we can afford this.

Big Problems We Face

Getting Support

- Governments don't understand what support we need
- Governments don't help us to pay for things we need because of our disabilities
- Applying for social protection is difficult to understand
- We don't always have proof of our disabilities, like an ID card

Living Independently

- There aren't many choices for affordable and safe housing
- We have to live in institutions to get support
- People might lose their disability benefits if they get a job
- Our families don't get support to help us

"Government (should) give money to us to pay for support person, transportation, data for internet costs. Ask and check with me directly."

SELF-ADVOCATE, HONG KONG



"I can't get support that the government offers because I became disabled after I was born and my IQ is higher than the criteria for intellectual disability."

SELF-ADVOCATE, JAPAN



Good Social Protection Systems Looks Like...

- We have enough money to live a good life
- The way to apply for support is easy to understand
- Our families get support
- We live in the community, not in institutions
- We have clear information about services
- We are asked about the support that we need

"We need personal assistants and very well-trained ones. Because they get us up from bed. They help with hygiene. They give us medication."

SELF-ADVOCATE, ARGENTINA



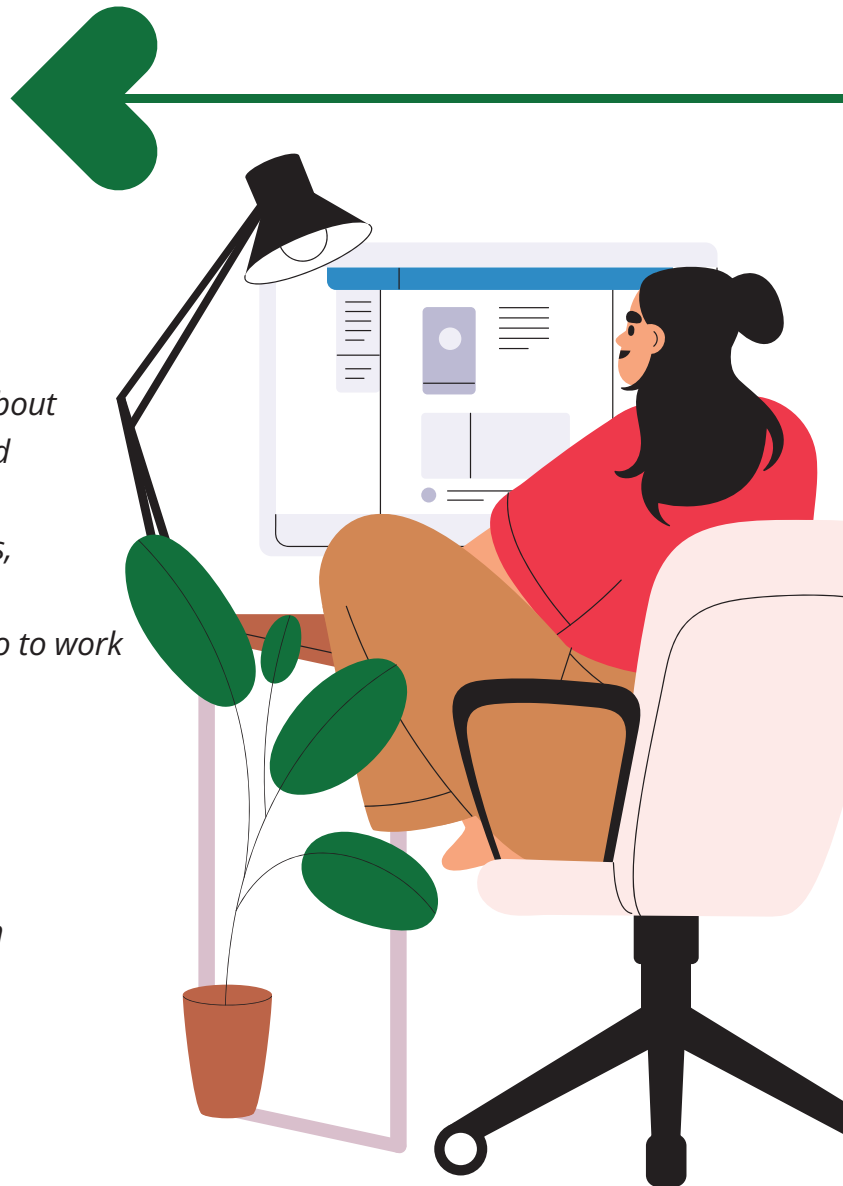
What Needs To Change

What Governments Can Do

- Make Social Protection Accessible
 - Have a system to know who people with disabilities are
 - Make applying for support from the government easy to understand
 - Include people with disabilities in planning about social protection systems - as us what we need
- Support Independent Living
 - Fund services that support us in communities, not institutions
 - Make sure benefits don't stop when people go to work
 - Provide support to families

What Service Providers Can Do

- Make Services Accessible
 - Make sure people have assistive technology, like communication devices, if they need them
 - Make sure we got transportation to services in the community
 - Train staff to communicate with people with intellectual disabilities respectfully
 - Make accessible information about services



Resources from our network

- [Inclusive social protection - Easy to read papers](#)
- [A Global Agenda for inclusive recovery - Chapter on social protection](#)

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OUR BIG MESSAGE ABOUT SOCIAL PROTECTION

People with intellectual disabilities around the world want social protection that is accessible to us.

Social protection actions should support us to live independently in the community.

