

# Planning your Self Advocacy Group

## What should you think about before starting a self-advocacy group?

### Why do we need self-advocacy groups?

- We need self-advocacy groups because...

Write your thoughts here:

### What kind of support does the group need to be successful? Think about...

- Who will do meeting logistics?
- Who will take notes during the meetings?
- Who will pay for meeting space?

Write your thoughts here:

## Tools

What will make it difficult for group members to meet when they need to? How can we plan to avoid this? Think about...

- Distance
- Data connection
- Travel costs
- Family responsibilities
- Work commitments

Write your thoughts here:

What group size will make it easy to include everyone and manage the work? Think about...

- Resources required
- Making sure everyone has space to speak
- Meeting space

Write your thoughts here:

What factors like age, gender, or other factors should we think about to create a balanced group? Think about...

- Gender
- Age
- Education
- Where people live

Write your thoughts here: